AllClear's holiday planning and packing checklist

Destination(s):

Outbound travel date:



Date of return:









Important things to consider

How will the weather be?

Hot/cold/snowing/humid

Are you going on a...

City break/beach holiday/ski trip

How are you travelling?

Plane/ferry/cruise/train/coach/car/motorhome

Are there any activities you need to pack for?

Use AllClear's handy holiday planner and packing checklist to make sure you're ready to go.

As soon as you book



Buy travel Insurance

Check your travel insurance. Make sure you have declared all your medical conditions and that any activities you have planned are included. Check if you want to add any optional extras like gadget cover or trip disruption cover.



Check your passport

Your passport needs to be in date and most countries require it to have six months left to expiry when you arrive at your destination.



Check Visa Requirements

Check whether you need a visa or something similar - some countries such as Canada, the USA and Turkey may require electronic travel authorisations.



Get a European Health **Insurance Card (EHIC)**

EHICs will give you access to free or reduced rate care in most EU countries. You can get an EHIC free on the NHS website.



Make arrangements for your pets

Make arrangements for your pets to be cared for while you're away.



Find out if you need any vaccinations

Speak to your doctor about vaccinations as soon as possible. Some vaccinations and treatments need to be administered over the course of several months before you travel. Visit fitfortravel.nhs.uk for info.



Sort your medication

Speak to a medical professional about any medications you're taking and get a prescription to cover your trip. Research the regulations for the country you are visiting and sort any licenses you may need to take your medication with you. Keep all drugs in their original packaging and take a copy of your prescription.



Book activities

Activities and day trips can fill up quickly, so reserve your place as soon as possible.

Two weeks to go:



Check the weather

As this might influence the clothes you pack.



Buy holiday money

Euros and dollars will be easy to get hold of but some currencies, travellers cheques and pre-paid currency cards need to be ordered well in advance.



Talk to your bank

Tell your bank and credit card providers when and where you'll be travelling and find out if there are any charges for using your cards overseas.



Call your mobile phone provider

Check if your mobile phone company will charge you for using your phone abroad and whether or not you can get signal in your destination.



Prepare your car

Check the oil level, tyre pressures and top up windscreen, coolant, brake and power steering fluid in your car before going on any long journeys. If you're travelling in Europe by car or motorhome, you'll need to make sure you've got:

- · Headlamp beam converters
- Hazard warning triangle
- GB sticker
- Reflective emergency jacket (one for each Person in the vehicle)
- First aid kit
- Spare bulb kit
- Breathalyser

One week to go:



Weigh your luggage

Luggage allowances vary so it's important to find out how many pieces you can carry, the weight limit and dimensions for your checked suitcase and hand luggage.



Leave contact details

Write down all the details of your holiday including flight numbers, hotel information and take copies of your travel insurance and passport and leave it with a family member or a friend.



Buy essentials

Buy travel essentials including insect repellent, luggage labels, plug adaptors, travel pillows and sun cream.



Prepare your entertainment

Buy or download any books, films or music you plan to entertain yourself with while travelling.



Make a note of important numbers

Make a list of important phone numbers such as your hotel, travel insurance provider and 24 hour medical emergency assistance and save them on your mobile phone.





Start packing - here's our packing checklist so you don't forget anything!

Essentials

Passport (plus a photocopy)

Travel insurance details and EHIC (Europe only)

Travel tickets

Visas

Accommodation booking details

Car hire reservation and driving license

Pre-booked tickets for transport, sightseeing etc.

Cash, credit and foreign currency cards

Hand luggage

Map/instructions for when you arrive

All valuables such as jewellery

Any breakable gadgets

Prescription medication for your entire trip (subject to airline restrictions)

Spare clothes in case your suitcase is delayed

Books or E-reader

Main suitcase

Luggage labels with contact details and flight numbers, one outside and one inside

Plug adaptors and leads for charging camera, tablet, phone etc.

Toiletries/washbag

Nightwear (if you arrive at your hotel late at night, pack last so it's on top)

Sun protection

